

What Is a Healthy Christian Family?

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"I want a Christian family someday." What an important goal for your teens to have! You want them to know Jesus and develop into healthy, God-loving adults who are equipped spiritually, emotionally, and socially to start their own Christian families. But just what is a healthy Christian family? And how can you help your students to reach this goal?

One way is to model a healthy Christian family for your students. Share your own experiences and struggles with your parents, your spouse, and your children. Help your students to realize that, while being part of a Christian family is not always easy, it is God's perfect plan, so it is always the best for us.

You can also help your students by talking with them about how to build a healthy Christian family. You can use the information in this article to help you. The sections below are written as if you were talking directly to a teen. Share this information with your students often, helping them to understand what it will mean to someday start their own families with God as the head.

A Healthy Christian Family

God made you in a very special way. There is not another person in the world exactly like you. God made you because He wanted there to be someone in the world just like you. Do you know how special you are to Him?

You are unique in many ways, but in other ways you are like everyone else. God made each of us to desire relationships with other people. We want friends to talk to and to share our hopes, dreams, and fears with. We also want families to love and who will love us. But what is God's plan for families?

Faith in God

First, a healthy Christian family will have a strong and living faith in God. Christians understand that God the Father loves us and cares for all of us. He wants us to love and care for those around us, even when it is difficult. God's perfect plan is that we are part of a family where we are loved and where we can love and help others.

Marriage: God's Perfect Plan

God's perfect plan is that marriage would be a special, permanent relationship that is the strong foundation of a family. Marriage helps mothers and fathers work together to love and provide for each other and their children. God planned that your parents would love you and care for you from the time you were born.

Sometimes people ignore God's plan. Sometimes situations prevent them from following God's plan. Your parents may not be married. They may not be Christians. They may not be part of your life. But no matter what has happened in your family, you can decide to follow God's perfect plan for your future family.