

LEADER GUIDE LESSON OUTLINE

CONNECTION: God will heal our hearts from past pain.

SCRIPTURE: Psalms 7, 73; Isaiah 61:1-3

SUPPLIES TO GET

pens, pencils, paper

REMEMBER

“My flesh and my heart may fail,
but God is the strength of my heart
and my portion forever.”

Psalm 73:26

PREVIEW

- Use the U3L9 video.
- Do the “passing emotions” activity.

CONNECT

- Introduce the concept of how because God deeply loves them, He wants to heal them from old wounds to their self-esteem.
- Read the provided Scriptures from the Connect section.
- Focus on the idea that it is part of the human experience to experience suffering of some kind, but God can give us healing from that suffering.
- Guide students to understand that like the psalmist, they can depend on God to be their refuge, to listen, to give them wisdom, and to guide them.

**Don't forget to*

- use the ZOOM QUESTIONS to go deeper with older/more mature students.
- use the *Student Guides* or the Your View Conversation Cards to let students lead each other through part of the lesson.

EXPLORE

- Instruct students to read the provided Bible verses and respond to the prompts.
- Reflect on the provided Bible verses.

**Don't forget to* use this time for worship together, if desired.

ACT

- Give students some closing thoughts and challenges to take them through the week.

**Don't forget to*

- use the Family Connection materials provided on *Digital Resources* to connect with parents and caregivers about what the students are learning.
- use the Student Connection materials to connect with students throughout the week.