

# ♥ FAITH & FAMILY

## FAMILY CREATIONS

As a family, make seven "obey" cups. Provide foam cups, markers, stickers, and slips of paper. Together think of ways to obey God and write these on the slips of paper. (Ideas include: obey parents, obey teachers, love others, be kind, pray, and keep your promises.) Decorate the cups and put one or two slips of paper inside each cup. Label the cups with the names of the days of the week. Each day, pull a slip of paper out of that day's cup and encourage family members to do what it says.



## GAME TIME!

Play a Trust and Obey game similar to Simon Says. Have family members stand as far away as possible from the leader. If the leader says "Trust and obey me," players are to do what the leader says. If the leader does not say "Trust and obey me," but the players do it anyway, they have to go back to the beginning line.

Give instructions with and without saying "Trust and obey me." (Examples: take a giant step, take two baby steps, jump two steps, take two scissor-steps.) After playing, talk about people you trust. Name people you obey. Discuss how everyone needs to trust and obey God.



## LOOK IN THE BOOK

Read together this week's Bible story from Genesis 6, 7.  
Remember, **We should trust and obey God even when it's hard.**