



## WHAT TO DO

Bake a gingerbread family that includes one cookie to represent each person in your family. Use the recipe provided below, your own favorite cutout cookie recipe, or keep it simple with a box mix. Decorate the cookies and enjoy. Talk about what makes each person special. Discuss how it feels to know we all can be a part of God's family.

## Gingerbread Family Recipe

### INGREDIENTS

- 3/4 cup butter, softened
- 1 cup packed brown sugar
- 1 egg, room temperature
- 3/4 cup molasses
- 3/4 teaspoon vanilla extract
- 4 cups all-purpose flour
- 2 teaspoons ground ginger
- 1-1/2 teaspoons baking soda
- 1-1/2 teaspoons ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon salt
- Premade (or homemade) frosting
- Food coloring
- Various candies and decorating supplies (chocolate-coated candies, sprinkles, gumdrops, etc.)

### SUPPLIES

- Mixing bowls and spoons
- Electric mixer
- Measuring cups and measuring spoons
- Plastic wrap
- Gingerbread people cookie cutters
- Rolling pin
- Baking sheet
- Oven and oven mitt (grownups only!)

### DIRECTIONS

1. In a large mixing bowl, cream together butter and brown sugar. Using an electric mixer, beat until light and fluffy (5–7 minutes). Add the egg, molasses, and vanilla extract.

## EPISODE 1 – **Bake** (continued)

2. In a separate bowl, combine the flour, ginger, baking soda, cinnamon, nutmeg, and salt. Gradually add dry ingredients to creamed mixture and mix well. Cover with plastic wrap and refrigerate until easy to handle, about 4 hours or overnight.
3. When the dough is chilled, preheat oven to 350°F. (Grownups only!)
4. On a lightly floured surface, roll dough to 1/8-inch thickness. Cut with floured cookie cutters. Place 1 inch apart on baking sheet.
5. Bake until edges are firm, 8-10 minutes. Remove from baking sheet and place on rack to cool completely.
6. Tint frosting with food coloring as desired. Use frosting and various candies to decorate the cookies.

### **QUICK OPTION**

On half sheets of paper (5-1/2" x 8-1/2"), draw a simple outline of each person in the family. (Hint: Trace around gingerbread person cookie cutters to make outlines.) Write the name of the family member below his or her outline. Give each person markers and one of the outlines (preferably not their own) to decorate as a gingerbread person. Display the gingerbread family pictures as a collage.

### **SUPPLIES**

- Half sheets of paper (5-1/2" x 8-1/2")
- Pencils
- Washable markers
- Reusable adhesive
- Optional: gingerbread person cookie cutters